

## 21UHS324C: UNIVERSAL HUMAN VALUES-II

(1-0-0)

### UNIT – I

4 Hrs.

**Introduction to Value Education:** Right Understanding; Relationship and Physical Facility; Understanding Value Education; Self-exploration as the Process for Value Education, Continuous Happiness and Prosperity -the Basic Human Aspiration-Current Scenario and Method to Fulfill the Basic Human Aspirations.

### UNIT – II

4 Hrs.

**Harmony in the Human Being:** Understanding Human being as the Co-existence of the Self and the Body, distinguishing between the Needs of the Self and the Body, The Body as an Instrument of the Self, Understanding Harmony in the Self, Harmony of the Self with the Body, Programme to ensure self-regulation and Health.

### UNIT – III

4 Hrs.

**Harmony in the Family and Society and Nature:** Harmony in the Family – the Basic Unit of Human Interaction; 'Trust' – the Foundational Value in Relationship; 'Respect' – as the Right Evaluation: Other Feelings, Justice in Human-to-Human Relationship; Understanding Harmony in the Society; Vision for the Universal Human Order; Understanding Harmony in the Nature; Interconnectedness, self-regulation and Mutual Fulfilment among the Four Orders of Nature..

### UNIT – IV

3 Hrs.

#### **Implications of the Holistic Understanding – a Look at Professional Ethics**

Definitiveness of (Ethical) Human Conduct; A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order; Competence in Professional Ethics; Holistic Technologies, Production Systems and Management Models; Strategies for Transition towards Value-based Life and Profession

#### **Reference Books:**

1. *A Foundation Course in Human Values and Professional Ethics*, R R Gaur, R Asthana, G P Bagaria, 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-47-1
2. *Teachers' Manual for A Foundation Course in Human Values and Professional Ethics*, R R Gaur, R Asthana, G P Bagaria, 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-53-2
3. *Jeevan Vidya: Ek Parichaya*, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.
4. *Human Values*, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.
5. *The Story of Stuff* (Book).
6. *The Story of My Experiments with Truth* - by Mohandas Karamchand Gandhi
7. *Small is Beautiful* - E. F Schumacher.
8. *Slow is Beautiful* - Cecile Andrews
9. *Economy of Permanence* - J CKumarappa
10. *Bharat Mein Angreji Raj* – Pandit Sunderlal

11.Rediscovering India - by Dharampal

12.Hind Swaraj or Indian Home Rule - by Mohandas K.Gandhi

13.India Wins Freedom - Maulana Abdul Kalam Azad

14.Vivekananda - Romain Rolland(English)

15.Gandhi - Romain Rolland(English)

**Course Outcomes:**

Upon successful completion of the course, students will be able to:

CO1: Explore holistic vision of life - themselves and their surroundings.

CO2: Develop competence and capabilities for maintaining Health and Hygiene.

CO3: Analyse various problems in life, family, Society and in handling problems with Sustainable Solutions.

CO4: Apply values to their own self in different day-to-day settings in real life and in handling problems with sustainable solutions.

CO5: Adopt the value of appreciation and aspiration for excellence and gratitude for all.

**Course Articulation Matrix: Mapping of Course Outcomes(CO) with Programme Outcomes(PO) and Programme Specific Outcomes(PSO)**

		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO 1	PSO 2	PSO 3
No	Programme Outcomes															
	Course Outcomes															
Upon successful completion of course the Students will be able to:																
1	Explore holistic vision of life - themselves and their surroundings.							3	2	3				1		
2	Develop competence and capabilities for maintaining Health and Hygiene.						3	3	1	1			1			
3	Analyse various problems in life, family, Society and in handling problems with Sustainable Solutions.						3	3	2	1			1			
4	Apply values to their own self in different day-to-day settings in real life and in handling problems with sustainable solutions.						2	2	3	2			1			
5	Adopt the value of appreciation and aspiration for excellence and gratitude for all.								3				1			